

DISTRICT NUTRITION AND CHILD HEALTH REPORT 2021

The Department of Social Welfare and Community Development and Ghana Health Service Has carried out the following activities in the district for the year under review collaboration with UNICEF and other partners. Below are the activities:

1. Infant and young child feeding
2. Vitamin A supplementation
3. Nutritional status of children under 5 years
4. Anaemia in pregnancy

GROWTH MONITORING AND PROMOTION							IMMUNIZATION			
WEIGHT										
REGISTRANTS							ANTIGEN	0-11MTHS	12-23MTHS	24-59MTHS
NUTRITIONAL STATUS OF CHILDREN 0-59 MONTHS - REGISTRANTS (First time attendants within that month)				UNDERWEIGHT		NORMAL	BCG	3251		
				Severe	Moderate		POLIO 0	2262		
AGE (Months)	Registrant		TOTAL CHILDREN WEIGHED	< -3SD	>= -3SD to <-2SD	>= -2SD	POLIO 1	3790	16	1
	Male	Female					POLIO 2	3862	26	28
0-11	1813	2009	3822	7	93	3722	POLIO 3	4143	30	11
12-23	1412	1374	2786	3	66	2717	PENTA 1	3782	19	1
24-59	785	812	1597		24	1573	PENTA 2	3913	23	3
TOTAL	4010	4195	8205	10	183	8012	PENTA 3	4167	38	6
ATTENDANCE							PCV 1	3932	14	9

NUTRITIONAL STATUS OF CHILDREN 0-59 MONTHS - REGISTRANTS (Registrants + Existing children in register)				UNDERWEIGHT		NORMAL	PCV 2	3901	27	3
AGE (Months)	Attendance		TOTAL CHILDREN WEIGHED	Severe	Moderate		PCV 3	4089	35	7
	Male	Female		< -3SD	>= -3SD to < -2SD	>= -2SD	MEASLES Rubella 1	3699	97	14
0-11	12826	13193	26019	81	343	25595	MEASLES Rubella 2 (at 18 Months)		3154	188
12-23	9719	9844	19563	59	289	19214	YELLOW FEVER	3713	123	22
24-59	6129	6286	12415	33	327	12055	MEN A		3075	185
TOTAL	28674	29323	57997	173	959	56864	VITAMIN A SUPPLEMENTATION PROGRAMME			
							Number of children dosed	6-11 mths	12-59 mths	Total (6-59 months)
LENGTH/HEIGHT									3491	11448
NUTRITIONAL STATUS OF CHILDREN 0-59 MONTHS				STUNTING		NORMAL	PMTCT			
AGE (Months)	Attendants		TOTAL CHILDREN MEASURE	Severe	Moderate		No. HIV Exposed			
	Male	Female		< -3SD	>= -3SD	>= -2SD	No. given Co-			

			D		to < - 2SD		trimoxazole prophylaxis	
0-11	2692	2883	5575	7	92	5476	No. with EID done	
12-23	2415	2633	5048		51	4997	No. with positive results	
24-59	1330	1436	2766		13	2753	No. of HIV Exposed chdn evaluated at 18 months	
TOTAL	6437	6952	13389	7	156	13226	No. with positive results	

INFANT AND YOUNG CHILD FEEDING

BREASTFEEDING		FEEDING STATUS OF CHILD AT MONTH 3 (Ask during PENTA 3 visit or ROTAVIRUS 2 visit)	
		Exclusive breastfeeding	4148
Total Live Births	1840	Other	63
Number of babies put to breast within 30mins of birth	1826	Total Assessed	4211
Exclusive Breastfeeding at discharge	1817	FEEDING STATUS OF CHILD AT MONTH 6 (Ask during Vitamin A supplementation)	
COMMUNITY Infant and Young Child Feeding - Home Visit		Introduction to complementary foods	204
Number of new registrants in C-IYCF Register	192	Exclusive breastfeeding	3331
Total number of children in C-IYCF	376	Total Assessed	3535

register (new + old)					
Total number of children visited at least once in the month	274	CONTINUED BREASTFEEDING AT 1 YEAR			
Total number of children discharged from home visit	128	Number of children breastfeeding	14689		
		Number of children assessed	14708		
INFANT AND YOUNG CHILD FEEDING					
GIRL'S IRON AND FOLATE TABLET SUPPLEMENTATION (GIFTS)		NUTRITION REHABILITATION (CMAM)		IPC	OPC
		Total Cases at the Start of Month		2	188
Number of girls in the register (Old + New)	799	Total number of case (Admissions)		4	18
Number of girls registered this month (New)	16	A. Number cured		2	11
Number of Adolescents exited this month (Attained 20years)		B. Number died			
Number of girls given IFA this month	11	C. Number defaulted			8
Number of girls screened for anaemia this month	13	D. Number Non recovered			
Number of girls anaemic this month		Total Discharged (A+B+C+D)		2	19
ANC	Number with Hb Checke	Number with Hb less	Number with Hb less	Number of women given IFA at ANC	Number of women

	d	than 7g/dl	than 11g/dl		given IFA at PNC
At registration	2349	61	1216	Number given IFA for 3 times(IFA3)	
At term (36weeks)	1075	50	402	Number given IFA for 6 times(IFA6)	1447

SCHOOL HEALTH SERVICES

Number of school	9.7	Schools visited	22	Schools receiving ≥ 3 HED talks	10	Referrals		
Target	Number Enrolled	Number Examined	Number of children referred	Number of certificate awarded			Condition	Number
				Type A	Type B	None	Ear Problems	
Creche							Eye Problems	1
Pre-school	101.3	435	4				Oral Health	8
Primary 1	100.5	645	12				Skin	8
Primary 3	78.7	505	1				Undescended testis	
							Hernia	
JHS 1	83.6	367					BMI $>25\text{kg/m}^2$	
							Others	

NUTRITION COMMODITIES

Commodities	Quantity at the	Quantity	Quantit	Wastage (D)	Expire	Balance (F)
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	beginning of the month (A)	received (B)	used (C)		d (E)	=(A+B) - (C+D+E)
RUTF (sachets)						
F-100 (sachets)						
F-75 (sachets)						
Resomal (sachets)						
SC+ (sachets)						
Vit A (100,000IU)	9286	3018	3468	59	12	8765
Vit A (200,000IU)	50193	15832	12023	132	15	53855
IFA (GIFTS)	1555	20	249			1326

REPORT ON ORIENTATION ON FOOD VENDORS AND SCHOOL FEEDING PROGRAMME CONTRACTORS ON NUTRITION.

The Department of Community Development and Social Welfare in collaboration with Ghana Health Service and Environmental Health and Sanitation Unit has organised an orientation on nutrition to food vendors and school feeding programme contractors and their cooks on **Tuesday 16th March, 2021** at the Zabzugu Senior High school in Zabzugu.

The nutrition officer from Ghana Health Service and the District Environmental Health and Sanitation Officer led the training.

In all, 16 school feeding contractors and 40 food vendors were trained on nutritional related food issues especially those food vendors who supply food to school children,

The training was very successful.

Below are some pictures at the training ground





